



# Albany Community Care *Menu*

*Monday*  
1<sup>st</sup> April

**Public Holiday -  
Kitchen Closed**

*Tuesday*  
2<sup>nd</sup> April

**Entrée**  
Pumpkin Soup

**Lunch**  
Roast Chicken Potato  
Bake & Roasted Veg

**Dinner**  
Sweet & Sour  
Chicken w. Rice

**Dessert**  
Warm custard &  
Peaches

*Wednesday*  
3<sup>rd</sup> April

**Entrée**  
Bacon & Potato  
Chowder

**Lunch**  
Braised Oyster Blade  
w. Mash & Veg

**Dinner**  
Fish Mornay w.  
Broccolini

**Dessert**  
Citrus Cheesecake

*Thursday*  
4<sup>th</sup> April

**Entrée**  
Chicken & Corn Soup

**Lunch**  
Lamb Ragout  
w. Potato Bake & Veg

**Dinner**  
Chicken Noodle  
Stir-fry & Veg

**Dessert**  
Apple & Vanilla  
Sponge w. Cream

*Friday*  
5<sup>th</sup> April

**Entrée**  
Vegetable Soup

**Lunch**  
Battered Fish &  
Chips w. Salad

**Dinner**  
Bangers & Mash  
w. Veg

**Dessert**  
Fruity Creamed Rice

*Monday*  
8<sup>th</sup> April

**Entrée**  
Creamy Corn Soup

**Lunch**  
Corned Silverside  
w. Mustard Sauce &  
Roasted Veg

**Dinner**  
Crunchy Lemon  
Chicken w. Rice

**Dessert**  
Chocolate Rollo's w.  
Strawberries & Cream

*Tuesday*  
9<sup>th</sup> April

**Entrée**  
Minestrone Soup

**Lunch**  
Roast Lamb & Gravy  
w. Roast Garlic Mash  
& Roasted Broccolini

**Dinner**  
Spaghetti Bolognese  
w. Homemade Garlic  
Bread

**Dessert**  
Carrot Cake

*Wednesday*  
10<sup>th</sup> April

**Entrée**  
Mixed Pulse Soup

**Lunch**  
Beef Lasagne  
w. Garden Salad

**Dinner**  
Garlic Prawns  
Fettuccine

**Dessert**  
Pineapple  
Cheesecake

*Thursday*  
11<sup>th</sup> April

**Entrée**  
Potato & Leek Soup

**Lunch**  
Apricot Chicken &  
Steamed Rice

**Dinner**  
Lamb Shanks  
w. Mash & Veg

**Dessert**  
Apple Crumble  
w. Cream

*Friday*  
12<sup>th</sup> April

**Entrée**  
Chicken Noodle Soup

**Lunch**  
Sausage Rolls  
w. Mash, Gravy & Veg

**Dinner**  
Honey Soy Sticky  
Ribs w. Steamed Rice  
and Veg

**Dessert**  
Chocolate Cup Cake  
w. Butter Cream Icing

*Monday*  
15<sup>th</sup> April

**Entrée**  
Cream of Mushroom  
Soup

**Lunch**  
Satay Chicken w.  
Steamed Rice & Veg

**Dinner**  
Devilled Sausages w.  
Sweet Potato Mash &  
Veg

**Dessert**  
Carrot & Walnut  
Pudding w. Warm  
Custard

*Tuesday*  
16<sup>th</sup> April

**Entrée**  
Vegetable Soup

**Lunch**  
Roast Beef & Gravy  
w. Cauliflower Bake &  
Roasted veg

**Dinner**  
Curried Prawns  
w. Steamed Rice

**Dessert**  
Rhubarb &  
Strawberry Crumble  
w. Cream

*Wednesday*  
17<sup>th</sup> April

**Entrée**  
Broccoli Cheddar  
Soup w. Croutons

**Lunch**  
Sweet & Sour Pork  
with Streamed Rice

**Dinner**  
Loaded Baked  
Potatoes w. Garden  
Salad

**Dessert**  
Apple Pie  
w. Warm Custard

*Thursday*  
18<sup>th</sup> April

**Entrée**  
Sweet Potato Soup

**Lunch**  
Beef Pasta Bake w.  
Homemade Garlic  
Bread

**Dinner**  
Chicken Chasseur  
with Mash

**Dessert**  
Banana & Caramel  
Self-sauce Pudding  
w. Cream

*Friday*  
19<sup>th</sup> April

**Entrée**  
Potato & Leek Soup

**Lunch**  
Honey Soy Chicken  
w. Streamed Rice &  
Veg

**Dinner**  
Spaghetti Meatballs  
w. Homemade Garlic  
Bread

**Dessert**  
Lemon Merigue Pie



# Albany Community Care *Menu*

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|---|--|--|--|---|
| <p><i>Monday</i><br/>22<sup>nd</sup> April</p> <p><b>Entrée</b><br/>Creamy Tomato Soup w. Croutons</p> <p><b>Lunch</b><br/>Chicken Stroganoff w. Steamed Rice</p> <p><b>Dinner</b><br/>Fish Velouté w. Mash &amp; roasted Brussel Sprouts</p> <p><b>Dessert</b><br/>Berry Parfait</p> | <p><i>Tuesday</i><br/>23<sup>rd</sup> April</p> <p><b>Entrée</b><br/>Carrot &amp; Ginger Soup</p> <p><b>Lunch</b><br/>Roast Pork &amp; Apple Sauce w. Creamy Mashed Cauliflower &amp; Roasted Veg</p> <p><b>Dinner</b><br/>Shrimp &amp; Sausage Gumbo</p> <p><b>Dessert</b><br/>Chocolate Mousse</p> | <p><i>Wednesday</i><br/>24<sup>th</sup> April</p> <p><b>Entrée</b><br/>Cowboy Soup</p> <p><b>Lunch</b><br/>Prawn Salad</p> <p><b>Dinner</b><br/>Battered Fish &amp; Chips w. Garden Salad</p> <p><b>Dessert</b><br/>Bread &amp; Butter Pudding</p> | <p><i>Thursday</i><br/>25<sup>th</sup> April</p> <p><b>Public Holiday - Kitchen Closed</b></p> | <p><i>Friday</i><br/>26<sup>th</sup> April</p> <p><b>Entrée</b><br/>Avgolemono Soup</p> <p><b>Lunch</b><br/>Beef Stew w. Mash</p> <p><b>Dinner</b><br/>Butter Chicken w. Steamed Rice</p> <p><b>Dessert</b><br/>Apple Pie w. Warm Custard</p> |
| <p><i>Monday</i><br/>29<sup>th</sup> April</p> <p><b>Entrée</b><br/>Sweet Potato &amp; Apple Soup</p> <p><b>Lunch</b><br/>Chicken &amp; Veg Stir-fry</p> <p><b>Dinner</b><br/>Coconut Curry Prawns w. Steamed Rice</p> <p><b>Dessert</b><br/>Impossible Pie w. Warm Custard</p>       | <p><i>Tuesday</i><br/>30<sup>th</sup> April</p> <p><b>Entrée</b><br/>Curried Lentil Soup</p> <p><b>Lunch</b><br/>Roasted Turkey &amp; Cranberry Sauce w. Creamy Mash &amp; Veg</p> <p><b>Dinner</b><br/>Homemade Mac &amp; Cheese w. Fresh Bread Roll</p> <p><b>Dessert</b><br/>Mango Cheesecake</p> | <p><i>Wednesday</i><br/>1<sup>st</sup> May</p> <p><b>Menu to be announced</b></p>  | <p><i>Thursday</i><br/>2<sup>nd</sup> May</p> <p><b>Menu to be announced</b></p>               | <p><i>Friday</i><br/>3<sup>rd</sup> May</p> <p><b>Menu to be announced</b></p>  |

Choose any two courses for \$15, pick up available or add \$3 for delivery to your home.  
(HCP clients pay \$4.50 for each meal delivered, and \$10.50 + \$3 delivery fee from your package).

Lunch will be delivered from 11.30am and dinner from 3.30pm.

**Need meals on other days? Frozen meals are available on request.**

If you will not be at home, please leave a sealable insulated box at your door.

Call us on 08 9841 8668 before 3pm the day before.

Please tell us about any allergies or dietary requirements when you order. Vegetarian options available.